

Dinner Table Conversation Cards

25 Conversation Starters to Help Your Family Connect One Meal at a Time

Print on cardstock, cut out the cards, place them in a bowl or jar, and let each family member draw one card at dinner.

 1. What made you smile today?	 2. What's something new you learned today?
 3. If you could cook dinner for anyone, who would it be?	 4. What's one thing you're proud of this week?
 5. If you could invent a new pizza, what would you put on it?	 6. What's your favorite family tradition?
 7. Who made your day better today?	 8. What's your favorite thing to cook together?
 9. What's one thing you're thankful for today?	 10. If you could visit any country, where would you go?
 11. What's something kind you did this week?	 12. If you owned a restaurant, what would you call it?
 13. What challenged you today?	 14. What are you looking forward to?
 15. What food would you love to learn to cook?	 16. What's the funniest thing that happened today?

 17. What would your dream dessert be?	 18. What's one goal you have this month?
 19. Who inspires you?	 20. If you could have dinner anywhere, where would it be?
 21. What skill are you getting better at?	 22. What's your favorite family meal?
 23. How did you help someone today?	 24. What made you laugh the hardest this week?
 25. What should we cook together next?	

Keep the Conversation Going

Food brings people together, but conversations create lasting memories.

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